

## BATH FOR THE FEVERISH.

An alcohol bath is restful and soothing to the feverish person. Use alcohol in the proportion of one tablespoonful to a cup of cold water, and apply with a sponge.

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Sixty drops make a tablespoon. Three teaspoons equal one tablespoon.

Eight rounded tablespoons of dry material equal one cupful.

Sixteen tablespoons of liquid equal one cupful.

One cup of liquid is half a pint.

One heaping tablespoon sugar is one ounce.

One heaping tablespoon butter is two ounces.

On cup butter or sugar is half a pound.

Two cups of flour is a pound.

One cup of rice is half a pound.

One cup of Indian meal is six ounces.

One cup bread crumbs is two ounces.

One pint of ordinary liquid is one pound.

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San Francisco has proved once again the old truth that encouragement of vice cannot promote a city's prosperity. Those who talk at times of the great things that would happen should Honolulu be made a second Monte Carlo, should look at what has happened to the Paris of America.

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The entire estate of the late Sarah Gilman is left to her children, James A. Gilman and Carrie A. Gilman. The will was made in June, 1903, and provides that the children named shall be executor and executrix. To the daughter is left \$10,000 and all household and personal effects. To the son are left stocks and bonds.

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## THE GASKELL CENTENARY

The centenary of the birth of Mrs. Gaskell, whose Cranford has become a classic, occurred on September 29, and was duly observed in Chelsea, England, where she was born, and in Knutsford, a little town near Manchester, which was the original Cranford. Here Elizabeth Cleghorn Gaskell spent much of her girlhood.

Washington, September 9.—

This season will go down in medical history as "the black summer of 1910," according to a statistician who has been studying the summers infantile death record. In New York City alone, in one week this summer, 875 infants died in spite of the efforts in their behalf which were made by charitable and other organizations.

The conditions in New York and elsewhere are to be considered at a Conference on Prevention of Infantile Mortality which is to be held in Baltimore in November. Such subjects as milk dispensaries, classes for mothers and the activities of visiting nurses, will also be discussed. There will also be a report on the work of the League of Little Mothers, an organization of little foster mothers of Gotham which physicians and philanthropists say bids fair ultimately to revolutionize conditions in the poor districts of the metropolis. The tiny members of this league have been instructed by physicians and trained nurses regarding the best ways to feed, bathe and care for little charges. The children have been warned regarding the germs that lurk in cheap ice cream and the danger of feeding watermelons or other fruits to the baby.

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## WE UNDERSTAND.

The Government will give the Industrial School for Girls all the land needed for agricultural and stock purposes, for wood and for farm purposes, but what will be needed to add to all this generous help will be an appropriation from the next Legislature for the buildings—cottages a number, a neat administrative building, cook-house, laundry and perhaps a small chapel.

We feel quite sure the gentlemen of the Legislature will see the expediency and excellence of all this plan for the poor girls, and who would like, and who would thrive on, this semi-out-of-door life. It is a pity to keep them cooped up, so to speak, little and big, at Palama very much longer.

We all know how the Hawaiian revels in being free to wander by wood and stream—to be out in the sunshine and the air (or even rain). These girls need the same

and long for it. They are willing to work and to learn, willing to dig, spade, hoe and plant, willing even to chop their own firewood, to make their own butter, to milk cows, look after bees and pigeons and to feed fowls.

But all this sort of work cannot be done without a large farm to live on and farm products to watch and look after. All this would keep them healthy and happy. In the numerous plain, neat cottages they would come, with time, to learn the true home life and how to make a few dollars go a long way, by thrift and industry. They would learn how to make a home sweet and comfortable in these little cottages, so that in the future they could make for themselves.

We do hope these many girls will have the true picnic farm life, with woods and water, trees and flowers, and will be taken away and off from Palama to a more out-reaching life and manner of living. We earnestly believe that, with the right environment, this large colony of Hawaiian girls could manage a large ranch and come to have a good revenue from the same, outside of the needs of their own table. It could be made as successful, financially, as any farm of its size in the Territory. The girls would be happy, industrious and ambitious for the success of their farm. Without an aim, youth, as well as adult, becomes listless and despondent. This we all know.

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"Mamma," said little Ethel, with a discouraged look on her face, "I ain't going to school any more." "Why, my dearie, what's the matter?" the mother gently inquired. "'Cause it ain't no use at all. I can never learn to spell. The teacher keeps changing the words on me all the time."—Success Magazine.

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## PINEAPPLE PUDDING.

One cup water, one cup pineapple juice, one-fourth cup corn starch, one-half teaspoon salt, whites of 3 eggs, sugar to taste. Boil the water and the pineapple juice together. Moisten the corn starch with a little cold water and stir it into the boiling syrup,